

# **B**OWEL **RESEARCH** **UK.**

**There is a cure  
for bowel cancer  
and bowel disease.  
It's called research.**

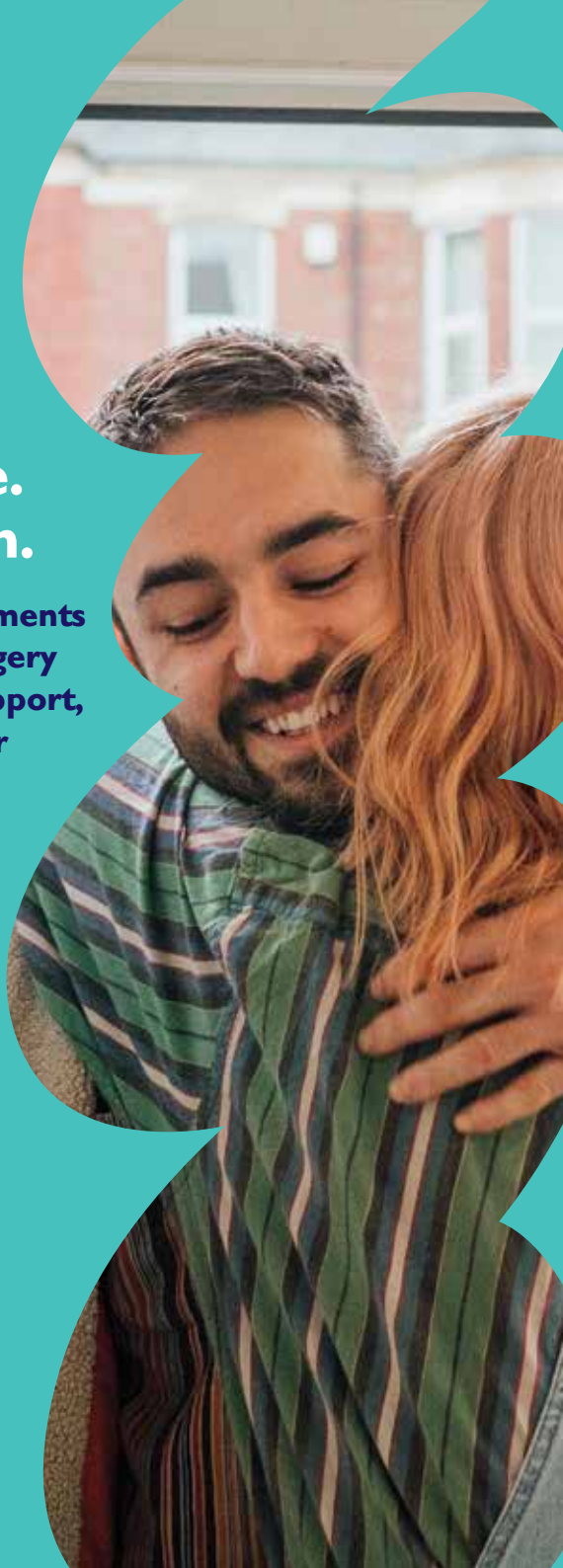
**It means more effective treatments  
with medicines, improved surgery  
outcomes, better care and support,  
and most importantly a higher  
quality of life and chances  
of survival.**

Over 42,000 people in the UK are diagnosed with bowel cancer every year. One million live with other life changing inflammatory bowel diseases, such as Crohn's and ulcerative colitis.

Being diagnosed or living with these diseases impacts every aspect of daily life from work and studies to socialising and relationships.

Please support our research today.

[www.bowelresearchuk.org](http://www.bowelresearchuk.org)



# Research

Research plays a key role in helping us live longer, healthier lives and none more so than for people with bowel cancer and other bowel diseases. It is thanks to research that:

- Bowel cancer can be removed by keyhole surgery with better recovery
- Fewer people after surgery have a permanent stoma (colostomy or ileostomy)
- More patients with colitis and Crohn's disease avoid surgery
- Patients with anal cancer no longer inevitably have a permanent colostomy.
- Incontinence can be improved by a pacemaker-like implant

- Bowel cancer screening (the poo stick test) is helping to save lives by identifying traces of blood which are not always noticeable to the human eye but need further investigation
- Early diagnosis of cancer and pre-cancer means treatments can start earlier and patients have a much better chance of survival
- In the future, bowels may be inspected by swallowing a simple capsule avoiding the risks associated with a colonoscopy

These are just a few of the amazing results that have been achieved through research into diagnostic methods, surgery and drug treatments.

## But we still have a long way to go.

The need to understand the risk factors and potential causes of bowel cancer and other bowel diseases, as well as identifying new ways to diagnose, treat and manage them has never been more urgent.

**“As patients are those who benefit from new approaches to treatment and care, it's important that they influence research. We support researchers with including patients throughout the research process to ensure studies produce effective solutions for those they seek to help.”**

Sam Alexandra Rose  
Patient and Public Involvement  
(PPI) Manager

**“In the UK, bowel cancer is the fourth most common cancer; that means a lot of people are missing early diagnosis and treatment. There are over half a million people who are diagnosed and living with an inflammatory bowel disease. At Bowel Research UK we believe research holds the key. That is why BRUK must continue to fund research studies and invest in our scientific and medical communities.”**

Lynn Dunne, Interim Chief  
Executive, BRUK

**“Research into bowel diseases spans everything from the triggers and development of these conditions, how to diagnose them sooner, developing more effective and more tolerable treatments, to improving quality of life. It is through patients and their support networks working with researchers and clinicians that we can fully understand what questions need to be explored, and make true beneficial change to peoples' lives.”**

Georgia Sturt, Research &  
Grants Manager

# Bowel Research UK

Bringing together researchers, patients and their families, healthcare professionals, decision makers and those with an interest in bowel cancer and bowel disease is the ambition of Bowel Research UK. Through funding world-class research, investing in the next generation of researchers and raising awareness we are making and will continue to make a real difference.

We are currently supporting over 60 research projects and PhDs across the UK, from IBD in children to new surgical techniques. Ensuring the work of the research teams continues takes us one step closer to improving the lives of those with bowel cancer and other bowel diseases and changes the outlook for future generations.

## People and Research Together programme

Patients are at the heart of our work. We work with leading institutions - hospitals, universities and specialist centres - to bring researchers and patients together. Patient experience and input helps researchers think about and develop new techniques and treatments which improve everyday care, quality of life and ultimately lead to better outcomes. Recent highlights include:

- An exercise programme for patients living with a stoma
- A new type of camera to help identify polyps which may need further investigation
- A booklet to inform, reassure and empower patients who required care during the Covid-19 pandemic



Over 1,000 patients have joined our Programme to share their experiences and add their voice.

**If you are newly diagnosed, living with a bowel disease or want to join the Programme please visit our website or get in touch. You can help shape our work and make a difference.**

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[www.bowelresearchuk.org](http://www.bowelresearchuk.org)

# Our research offers hope

In order to continue to fund cutting edge research we need your support now more than ever before. Your donation or regular gift to Bowel Research UK ensures we can continue to support vital work.

## I'd like to help fund vital research into bowel cancer and other bowel diseases that can change and save lives.

Donate online at [www.bowelresearchuk.org/donate](http://www.bowelresearchuk.org/donate), call **02035408694** or complete the form below, detach and return to The Royal College of Surgeons, 35-43 Lincoln's Inn Fields, London WC2A 3PE

### 1. Please accept my gift of

£10  £25  £50  £250

Other £

### 2. My details

Title  First Name

Surname

Home Address

Postcode

Telephone no.

Email

### 3. Please make your cheque payable to Bowel Research UK or complete your credit/debit card details below:

Credit/Debit/CAF Card No

Expiry Date

CVS No

CVS No/(Amex)

Today's Date

Signature

**You can make your gift worth 25% more by making a Gift Aid Declaration.** *giftaid it*

By ticking the box, I confirm that I am a taxpayer and I want Bowel Research UK to claim back the tax on all donations I have made in the last four years, and all future donations.

I understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference. Please notify us if you; want to cancel this declaration, change your name or home address, or no longer pay sufficient tax on your income and/or Capital Gains.

We may contact you again by post or phone to tell you more about our life-saving research into bowel cancer and chronic bowel diseases, our fundraising and awareness campaigns, volunteering and events. Please let us know if you are also happy to hear from us by email and text:

Yes I'd like to hear from you by email

Yes I'd like to hear from you by text

I would like to find out more about regular giving

I would like to find out more about leaving a gift in my Will

I would like to find out more about getting involved through events, volunteering and Patient and Public Involvement

We promise to keep your details safe and never sell or swap them with anyone. If you change your mind about hearing from us, you can stop receiving our updates at any time by emailing [hello@bowelresearchuk.org](mailto:hello@bowelresearchuk.org) or calling **020 3540 8694**. We take your privacy seriously please download a copy of our privacy policy here [www.bowelresearchuk.org/privacy-policy-page/](http://www.bowelresearchuk.org/privacy-policy-page/)